Avoid spreading germs

Our Body Worksheet

Draw an arrow from each statement to either “spread germs” or “stop germs”.

Spread germs

- Sneeze into your hands
- Eat a snack without washing your hands
- Touch tables and doors that many use
- Cough into your elbow
- Forget to wash your dirty hands
- Stay at arm’s length from others
- Cough without covering your mouth

Stop germs

- Use a clean tissue to blow your nose, throw it out and wash your hands
- High five your friend
- Pick up a clean cup
- Stay home when you are sick
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