

# Food groups

Grade 1 Science Worksheet

Match the foods with their food groups.



Dairy



Fruits

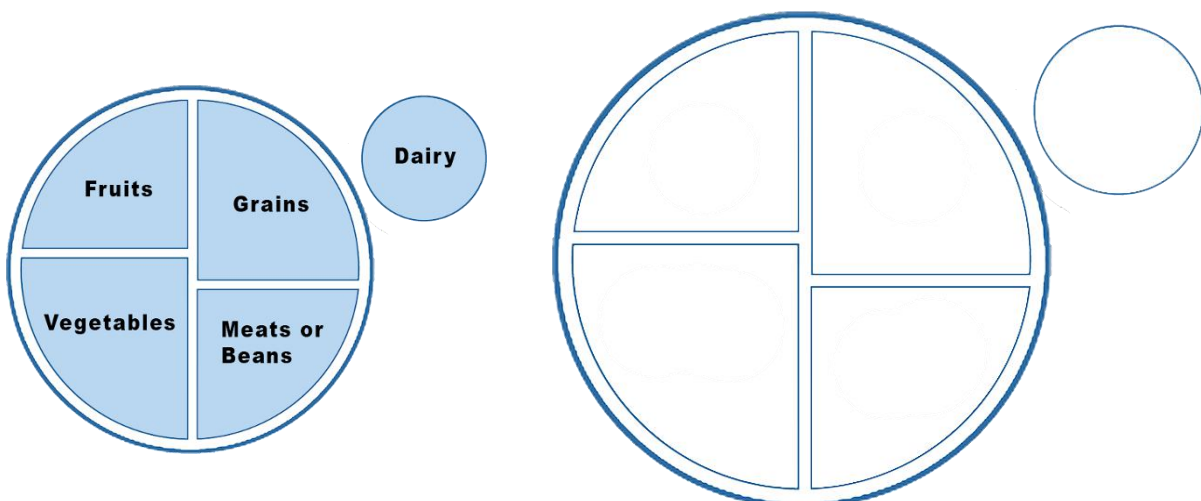


Meats or  
Beans

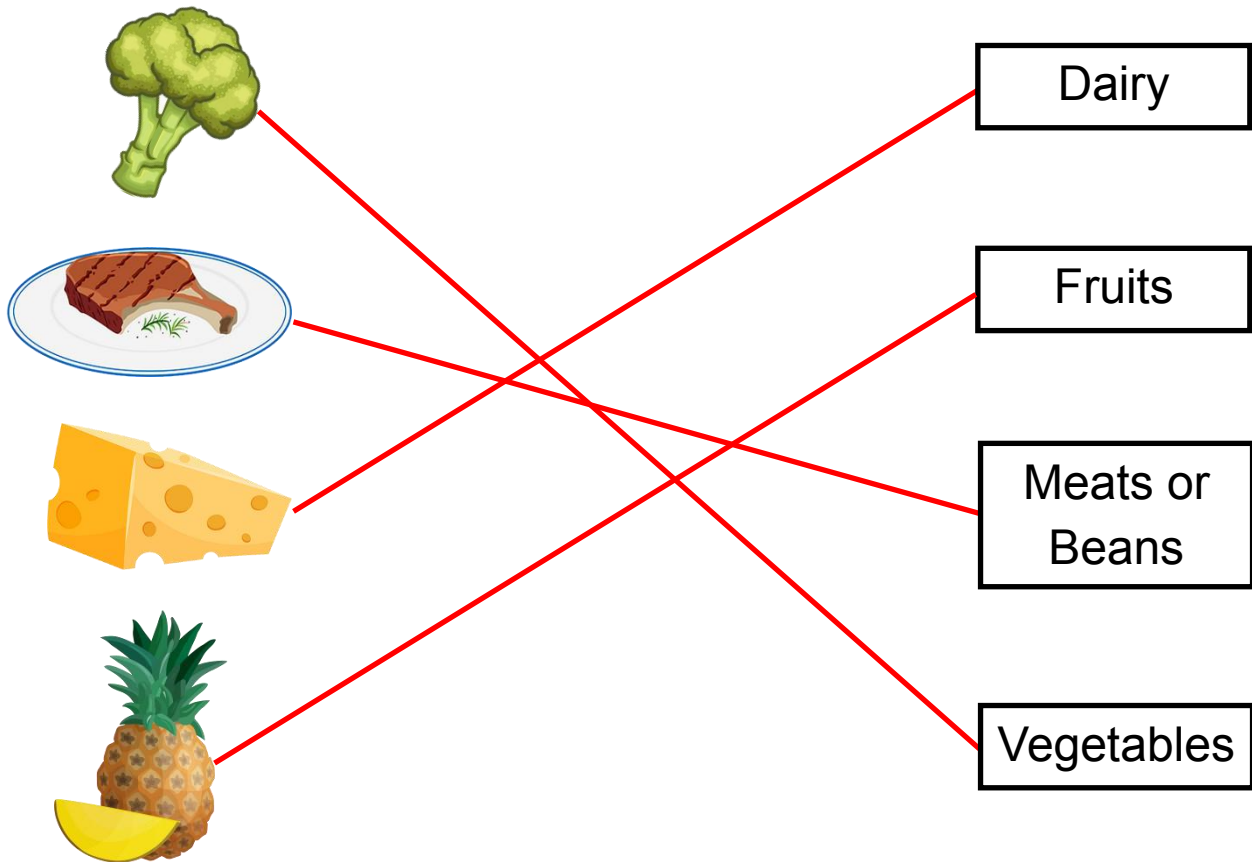


Vegetables

Draw a balanced meal you'd like to eat. Follow the labels.



## Answers



Draw a balanced meal you'd like to eat. Follow the labels.  
(Answers may vary)

