



# SUMMER BRAIN DRAIN

IF YOU DON'T USE IT, YOU'LL LOSE IT



Summer brain drain is the knowledge and skills students lose when they don't engage in educational activities during summer break.

## LEARNING



OF **OVERALL LEARNING** IS **LOST** AFTER THE SUMMER

## READING



OF **READING SKILLS** ARE **LOST** WITHOUT PRACTICE

## MATH



OF **MATH SKILLS** ARE **LOST** OVER THE SUMMER

## OVER THE YEARS



STUDENTS WHO HAVE EXPERIENCED SUMMER LEARNING LOSS ARE AN AVERAGE OF **2 YEARS** BEHIND THEIR PEERS

## ALL IT TAKES

### 20 MINUTES DAILY



TIME NEEDED TO IMPROVE **LEARNING** RETENTION

### 4 – 5 BOOKS



READING 4-5 BOOKS OVER THE SUMMER CAN **PREVENT A DECLINE** IN A CHILD'S READING SCORES

## WHAT PARENTS CAN DO



TALK TO YOUR TEACHER ABOUT LEARNING GAPS.



CHECK OUT SUMMER LEARNING CAMPS AND CLUBS.



**SPEND TIME WITH BOOKS.**



KEEP MATH IN MIND.



PLAN YOUR FAMILY TRIPS AROUND NEXT YEAR'S LEARNING.



**MAKE DAYTRIPS TO MUSEUMS, THE ZOO, CONCERTS AND EVENTS.**

#### Sources:

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National Summer Learning Association

